

SCHOOL SPORT VICTORIA KINGSTON DIVISION 2023 ATHLETICS CARNIVAL



Date: Friday 6th October

Venue: Duncan McKinnon Athletics Centre - cr North & Murrumbeena Rds Murrumbeena (Mel ref 68 A9)

Postponement: The carnival will go ahead in all conditions. It will only be called off in *extreme* circumstances.

Time of Events: The organiser reserves the right to start any event prior to, or later than, the time shown on the program. These times are only to be used as a rough guide.

LANE ALLOCATION:

Random lane allocation for all track events according to Meet Manager protocols.

"TIMED FINALS" ACROSS ALL AGE GROUP TRACK HEATS.

BEST 2 TIMES OVERALL PROGRESS TO REGION

ALL RUNNERS SHOULD RUN AT 100% EFFORT REGARDLESS OF THEIR HEAT NUMBER

PROGRAM:

8.30am	ARRIVAL OF OFFICIALS	
9:30am	9/10, 11, 12/13 Year	1500 metres
9:45am	9/10 Year	triple jump
	11 Year	high jump / shot put
	12/13 Year	discus / long jump
10:45am	9/10, 11, 12/13 Year	hurdles
	9/13 MC	shot put
11:00am	9/10 Year	discus / long jump
	11 Year	triple jump
	12/13 Year	high jump / shot put
11:30am	9/10, 11, 12/13, MC	100 metres
12:05pm	9/10 Year	high jump / shot put
	11 Year	long jump / discus
	12/13 Year	triple jump
12:15pm	9/10, 11, 12/13, MC	200 metres
1:00pm	9/10, 11, 12/13 Year	4 X 100 metres relay
	9/13 MC	long jump
2:00pm	9/10, 11, 12/13, MC	800 metres



MC - Multiclass

Please note the following:

No spikes can be worn in distance events - 800 & 1500 metres.

Spikes are permitted in all age groups for 100, 200, relays, long jump, triple jump and high jump.

No personal batons for relay events will be permitted. A baton will be supplied by School Sport Victoria for all relay events.

FIELD event competitors will only have 3 attempts with the top two on distance progressing to the Region event.

There can be no equal second places. Re runs or extra throws/jumps will apply.

To advance to the Region Championships, a student or team must place first or second in their event.

Ribbons will be awarded to the first three placegetters in every event.

The Kingston Division Coordinator for School Sport Victoria will have the final say in any disputes arising from all proceedings.

Travis Stevenson Kingston Division Officer: 0449 228 408 travis.stevenson@education.vic.gov.au